



Optimizing Human Performance

with Interactive Neuromuscular Stimulation



INS technology has performance enhancing effects on eccentric contractions, which in turn enhances subsequent contractions of any type. By enabling muscles to maximally lengthen, a full range of motion is achieved, resulting in more forceful contractions.

The NXPro can be used seamlessly throughout the entire workout from a dynamic warm up all the way to an active recovery by engaging optimal muscle fiber recruitment, contraction, promoting circulation and cell metabolism.

Benefits of the NXPro

Dynamic Warm-Up

Enhance dynamic warmups by engaging proper muscle group recruitment. Prime muscles for optimal loading and minimize injuries during any type of athletic activity.



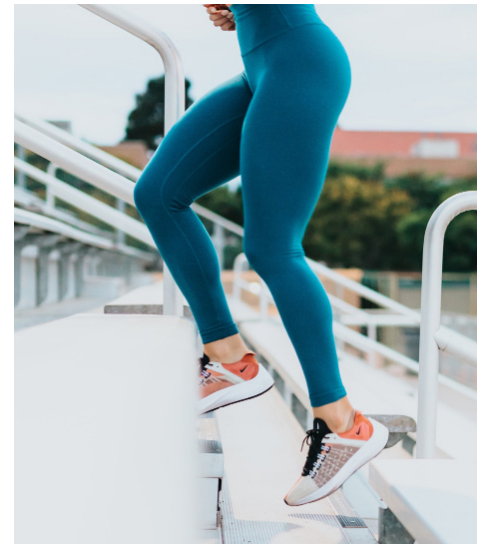
Build Strength

Increase the muscle's ability to perform more intense training sessions, more powerful workouts, and help overcome performance plateaus. Complements intense workouts.



Enhance Speed

Enable muscles to contract more forcefully through a full range of motion, to enhance speed and muscle balance. Directly strengthen injury-prone muscles.



Improve Endurance

Activate the aerobic metabolism of the muscle fibers. Increase the average intensity of muscle effort, muscle endurance and fatigue resistance.

Active Recovery

Accelerate and improve muscle recovery after workouts to keep muscles functioning optimally. Allow tight muscles to relax and facilitate recovery from muscle fatigue.



The NXPro is an FDA Cleared, Class II Medical Device